



Helping older people improve their quality of life.

A free friendly service for people in Oxfordshire.

We can help you find out about local services and support, such as:

- Activities in your locality
- Organising a lift if you need it.
- Help caring for a loved one.
- Feeling safer at home.

You can talk to us by phone, email or invite us to visit you.

JUST ASK! on 01608 648099

communityconnect@wocab.org.uk
www.communityconnectoxon.org

We work in strict confidence.

Managed by West Oxfordshire Citizens Advice Bureau.

